

## Aquoral™ is easy to use

All you need to do is spray and swish!

- With just one dose (2 sprays) you can get up to 4 hours of relief<sup>1,2</sup>
- Aquoral is usually applied after meals and before bedtime (or as your physician directs)
- Small enough to carry wherever you go, for use whenever you need it

*It may take up to 3 days to build a protective barrier and fully experience relief from dry mouth. It's important to use Aquoral regularly for best results.*



## Important Safety Information (con't)

Before using any medication, tell your healthcare provider about any medical conditions you may have or any medications you may be taking. No specific drug interactions with Aquoral spray are known at this time.

All medicines may cause side effects, but many people have no, or minor, side effects. No common side effects have been reported with this product. Seek immediate medical attention if you notice symptoms of a serious allergic reaction such as rash; hives; itching; difficulty breathing; tightness in the chest; swelling of the mouth, face, lips, or tongue.

Call your doctor for medical advice about side effects. You may report negative side effects to Mission Pharmacal Company at 1-800-531-3333, or to the FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

**KEEP OUT OF REACH OF CHILDREN.**

Please see following page for full Prescribing Information.



Rx Only  
Prescription Medical Device  
U.S. Patent: 8,367,650

**INGREDIENTS:** Oxidized glycerol triesters (TGO), silicon dioxide, aspartame, and artificial flavoring.

**ACTIONS:** Aquoral™ is a lipid-based solution resembling human saliva designed to moisten and lubricate the oral cavity, including the oral mucosa of the mouth, tongue and throat, by formation of a lipid film which limits loss of water and restores the viscoelasticity of the oral mucosa. Aquoral also provides protective action against further inflammation of the oral mucosa. Xerostomia (dry mouth) has harmful effects on the oral cavity and quality of life; consequently, management of dry mouth is primarily based on relief of symptoms.

**INDICATIONS:** Aquoral is intended to provide relief from chronic and temporary xerostomia (dry mouth), which may be a result of disease such as Sjögren's Syndrome, oral inflammation, medication, chemo or radiotherapy, stress or aging. Aquoral relieves symptoms of dry mouth such as difficulties in swallowing, speech, and changes in taste.

**CONTRAINDICATIONS:** Aquoral is contraindicated for any patient with a known history of hypersensitivity to any of its ingredients.

**PRECAUTIONS:** Read package insert carefully before using this spray. Avoid contact with eyes. Flush eyes with water if accidental introduction into eyes should occur.

**INTERACTIONS:** There are no known interactions with medicinal or other products.

**DIRECTIONS FOR USE:** Shake gently. One dose (2 sprays) into the mouth 3 to 4 times a day. Spread product on to inflamed and/or dry areas of the mouth with the tongue. Pump may require priming for initial use.

**To report** a serious adverse event or obtain product information, call (800) 531-3333.

**HOW SUPPLIED:** Carton of 4 individual Aquoral vials with 0.1 mL spray pump each containing 5.6 mL (0.189 fl.oz.) - **NHRC** 0178-0420-46. Aluminum Aquoral canister with 0.1 mL spray pump containing 40 mL (1.4 fl.oz.) - **NHRC** 0178-0420-40.

**KEEP OUT OF REACH OF CHILDREN.**

MADE IN FRANCE

Manufactured for:  
MISSION PHARMACAL COMPANY  
San Antonio, TX USA 78230 1355

**References:** 1. Mouly SJ et al. Efficacy of a new oral lubricant solution in the management of psychotropic drug-induced xerostomia: a randomized, controlled trial. *J Clin Psychopharmacol.* 2007;27(5):437-443. 2. Mouly SJ et al. Management of xerostomia in older patients: a randomised controlled trial evaluating the efficacy of a new oral lubricant solution. *Drugs Aging.* 2007;24(1):957-965.



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## Do you suffer from Dry Mouth?



(sometimes referred  
to as "cotton mouth")

Learn the causes,  
symptoms, and solutions

## Dry mouth can be more than just an annoyance

Dry mouth is the feeling that there is too little saliva in your mouth—and it is a common condition that can occur for a number of reasons. It can happen when you get upset, are nervous, or are under stress.

But, if you have a sticky, dry sensation in your mouth nearly all of the time, you may be experiencing a more serious type of dry mouth, called xerostomia (“ZEER-oh-STOH-mee-ah”). This condition can be painful and make it difficult to talk, swallow, and speak. It can also increase your chance of developing cavities in your teeth and infections in your mouth.

By learning more about this condition you may be able to find the relief you want—and need.

### What causes serious dry mouth?

Dry mouth can occur for several different reasons. The most common causes are the use of medications and certain conditions and diseases. Let’s take a closer look.

Dry mouth may be a side effect of a medication you are taking for another condition. In fact, according to the National Institutes of Health, more than 400 prescription medicines—such as those used to manage overactive bladder (OAB) and the symptoms of depression and anxiety—can cause dry mouth.

In addition, therapies that treat cancer may damage the salivary glands and prevent them from keeping your mouth moist. Lastly, there are some conditions that affect the salivary glands and may lead to dry mouth, such as diabetes and the disease known as Sjögren’s Syndrome.

### What are the symptoms?

People with dry mouth may experience a variety of symptoms. Among the most troublesome are:

- A sticky, dry feeling in the mouth that may extend down into your throat
- Trouble chewing, swallowing, tasting, or speaking
- A burning feeling in the mouth
- Cracked, dry lips
- A dry, rough tongue
- Sores in your mouth
- Increased risk of infections
- Cavities and bad breath

These symptoms may have a major impact on quality of life. For instance, because of difficulties eating, some people may become malnourished. Others may choose to avoid social activities due to difficulty speaking or having bad breath.

### What can I do to relieve dry mouth?

Fortunately, there is a lot you can do! Here are a few tips:

- Avoid drinks with caffeine (coffee, tea, and sodas) and alcohol
- Don’t use tobacco (always a healthy decision)
- Avoid eating spicy or salty foods

Chewing sugarless gum or sucking on hard candies may also work; however, they usually only work for as long as they are in your mouth—so the feeling of relief may not last long.

If these options do not provide sufficient relief, your healthcare professional may prescribe medication to give long-lasting relief.

## With Aquoral™, relief is just a spray away<sup>1,2</sup>

Aquoral™, available only with a prescription from your healthcare professional, is a unique option for dry mouth. The efficacy and safety of Aquoral have been proven in clinical trials.<sup>1,2</sup> The results show that Aquoral significantly improved the symptoms of dry mouth—including chewing, swallowing, taste, and speech—with no reported side effects.

Each spray coats your mouth with a protective lipid film derived from natural plant-based oils. This formula functions like your own natural saliva and has been designed to **moisten and lubricate** your mouth, tongue, and throat. It also

- Limits water loss
- Reduces sticky or stringy saliva
- Protects against further inflammation

**INDICATIONS:** Aquoral™ [oxidized glycerol triesters (TGO), silicon dioxide, aspartame, and artificial flavoring] is an artificial saliva spray that is intended to provide relief from dry mouth due to certain diseases, medication use, inflammation, medication, chemo or radiotherapy, stress or aging. Aquoral relieves symptoms of dry mouth such as difficulties in swallowing, speech, and changes in taste.

### Important Safety Information

Aquoral is not for everyone. You should not use Aquoral if you are allergic to any of the product ingredients: oxidized glycerol triesters (TGO), silicon dioxide, aspartame, and artificial flavoring. Before using Aquoral spray, read the package insert carefully. If you have any questions about how to use Aquoral spray, please talk with your doctor, pharmacist, or other healthcare provider. Aquoral is for use in the mouth only. Avoid contact with your eyes. If Aquoral accidentally gets into your eyes, rinse your eyes thoroughly with water.

*Please see additional Important Safety Information and full Prescribing Information on reverse side.*